

Upcoming Events

Jan 1 Closed
Jan 6 Crafts with Sherry
Jan 7 Healthcare Clinic
Jan 7 Advisory Council Election
Jan 8 Ancestry.com with Scott
Jan 8 Midland County Library Bookmobile
Jan 9 Breakfast Club
Jan 9 C&W Dance Lesson
Jan 10 Bingo sponsored by NursEx Home Health
Jan 10 New Year's Dance
Jan 13 Chair Activity Bingo
Jan 14 Ceramics Potluck Lunch
Jan 15 Birthday Celebration
Jan 15 Computer Aid
Jan 17 Bingo sponsored by Daybreak Venture
Jan 17 Closing early
Jan 20 Closed
Jan 21 National Granola Bar Day
Jan 21 Advisory Council Meeting
Jan 22 Ancestry.com with Scott
Jan 23 West Texas Food Bank Excursion
Jan 23 Movie Matinee
Jan 30 Ellen Noel Art Museum Excursion



Gloria Santana calls bingo using an app on the Kindle called "Bingo Caller." Bingo is held every Friday at 10 am. Donated bingo prizes are always appreciated.

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FROM THE DIRECTOR'S DESK *Linda Griffin*

The new year stands before us, like a chapter in a book, waiting to be written.—Melody Beattie

As we embark on a new year I wish everyone excellent health and happiness. Several of our MSC members have passed away this year including Hilda Garibay, Peter Balog, Jack Williams, Leland Williams, and John Barker. Others have moved to live closer to relatives. Those that come to mind are Rosa Edwards, Betty Bollinger, Juan Villarreal, Wade and Betty Gamblin, and Fred Meissner. Let's remember those who are no longer with us and be thankful we have the Midland Senior Center where we can meet for fun and fellowship.

On September 24, the Midland City Council passed a resolution to start the process of developing a master plan for the development of the Midland Senior Center. Debi Martin is asking for MSC members to attend the first City Council meeting with her on January 21 at 10:00 am. She will be speaking and would like a large group of MSC members to support her.

The first election for the revised Advisory Council was held last January. It is now time to elect new officers and vote on a revision of the by-laws. Those who are willing to serve are listed below:

Chairman: **Juanita Arreguin**



Juanita has been a MSC member since August 2014. She served as Vice-Chairman last year.

Vice Chairman: **Verna James**



Verna has been a MSC member since April 2019.

Secretary: **Joann Fleming**



A member since May 2018, Joann is continuing her service as Secretary.

Treasurer: **Debi Martin**





Debi has been a member since August 2019.

At-large: **Ricardo Torres**



Ricardo has been a member since June 2013.

January 2020 Menu

Mon	Tue	Wed	Thu	Fri
		<p>1</p> <p>Center Closed</p> 	<p>2</p> <p>Lasagna Capri Blend Vegetables Spinach Garlic WW Bread Brownie</p>	<p>3</p> <p>Swiss Steak Oven Brown Potatoes Okra, Spinach Salad Citrus Cup</p>
<p>6</p> <p>Baked Italian Chicken Parsiled New Potatoes Mixed Vegetables, WW Bread Ginger Cookies, Tapioca Pudding</p>	<p>7</p> <p>Beef Tamales Fiesta Corn, Pinto Beans Cornbread, Tossed Salad Ranch Dressing Chilled Pear Halves</p>	<p>8</p> <p>Fish Sandwich On WW Bun W/Tartar Sauce Pork & Beans, Tator Tots Lettuce/Tomato Slice Baked Potato Chips Lemon Pudding W/Whipped Topping</p>	<p>9</p> <p>Cheese Enchiladas Spanish Rice, Pinto Beans Tossed Salad, Dressing Tortilla Chips, Salsa Lime Pineapple Gelatin</p>	<p>10</p> <p>Chicken Rice Casserole Stir Fry Vegetables Egg Roll, Tossed Salad Ranch Dressing Ambrosia</p>
<p>13</p> <p>Meatloaf Oven Brown Potatoes Green Beans, WW Bread Orange Gelatin</p>	<p>14</p> <p>Chicken & Dumplings Buttered Carrots Spinach, WW Bread Lime Gelatin, Pineapple Dessert</p>	<p>15</p> <p>Ham Slice Green Peas W/Pearl Onions Macaroni & Cheese W/Pimientos Strawberry Cake</p>	<p>16</p> <p>Chicken Fried Steak, Gravy Mashed Potatoes Mixed Greens, Cornbread Tropical Fruit</p>	<p>17</p> <p>Chili Dog On WW Bun Pork & Beans Corn W/Red & Green Peppers Onions & Cheese, Relish Orange Slices, Sugar Cookies</p>
<p>20</p> <p>Center Closed</p> 	<p>21</p> <p>Beef Stew W/Vegetables Beets, Cornbread Peach Crisp Whipped Topping</p>	<p>22</p> <p>Battered Fish Wedge Macaroni & Cheese Herbed Green Beans Confetti Coleslaw Lemonade Pie</p>	<p>23</p> <p>Roast Turkey, Dressing Candied Sweet Potatoes Green Peas, Waldorf Salad Raspberry Ribbon Delight</p>	<p>24</p> <p>Patty Melt W/Green Onions BKD Potato Wedges Green Beans Tossed Salad, Ranch Dressing Fresh Fruit</p>
<p>27</p> <p>Sloppy Joe On WW Bun Pinto Beans Oven Brown Potatoes Dill Relish, Onion Slice Strawberries & Angel Cake</p>	<p>28</p> <p>BBQ Chicken Hot Potato Salad California Vegetables WW Bread, Mixed Fruit Cup</p>	<p>29</p> <p>Chopped Steak Broccoli & Rice Casserole Buttered Carrots, WW Bread Spinach Salad W/Cranberries Orange Sections</p>	<p>30</p> <p>Hamburger On WW Bun Baked Beans, Tator Tots Angel Cake W/Strawberries & Whipped Topping</p>	<p>31</p> <p>Chicken Fajitas Spanish Rice, Pinto Beans Chopped Lettuce/Tomato Picante Sauce, Shredded Cheese Sugar Cookie</p>

MEALS ARE PROVIDED BY SENIOR LIFE MIDLAND.

MEALS ARE SUBJECT TO CHANGE.

BUTTER AND MILK INCLUDED IN EVERY MEAL.

January 2020 Activities

Regularly Scheduled Activities

Mon	Tue	Wed	Thu	Fri
8:00 Gym (all day) 8:30 Billiards (all day) 9:00 Puzzles (all day) 9:00 Chair Exercise 9:30 42 (dominoes) 9:30 Line Dance 11:30 Lunch 12:30 Hand & Foot (cards) 1:00 Bridge	8:00 Gym (all day) 8:30 Billiards (all day) 8:30 Ceramics (all day) 8:45 Yoga 9:00 Puzzles (all day) 9:30 42 (dominoes) 9:30 Beginners Line Dance 10:30 Intermediate Line Dance 10:30 Therapy Dogs 11:30 Lunch 12:30 Hand & Foot (cards) 7:00 Line Dancing	8:00 Gym (all day) 8:30 Billiards (all day) 8:30 Ceramics (all day) 9:00 Puzzles (all day) 9:00 Chair Exercise 9:30 42 (dominoes) 10:00 Gospel Singing 11:30 Lunch 12:30 Hand & Foot (cards)	8:00 Gym (all day) 8:30 Billiards (all day) 8:45 Yoga 9:00 Puzzles (all day) 9:30 42 (dominoes) 10:00 C&W Music/Dancing 11:30 Lunch 12:30 Hand & Foot (cards)	8:00 Gym (all day) 8:30 Billiards (all day) 9:00 Puzzles (all day) 9:00 Chair Exercise 9:30 42 (dominoes) 10:00 Bingo 10:30 Line Dance 11:30 Lunch 12:00 Newborn Gifts (sewing) 12:00 Hooked on Needlework 12:30 Hand & Foot (cards) 1:00 Bridge

January 2020 Special Events

Mon	Tue	Wed	Thu	Fri
		1 Center Closed 	2	3
6 9:00 Crafts with Sherry	7 9:00 Healthcare Clinic 11:15 Advisory Council Election	8 10:00 Ancestry.com with Scott 10:30 Blood Pressure Check Angels Care Home Health 12:00 Bookmobile	9 9:30 C&W Dance Lesson 8:30 Breakfast Club	10 10:00 Bingo sponsored by NurseX Home Health 7:00 Dance
13 10:00 Chair Activity Bingo	14 11:30 Ceramic Pot Luck	15 11:30 Birthday Celebration 12:30 Computer Aid	16 10:30 Blood Pressure Check NurseX Home Health Services	17 10:00 Bingo sponsored by Daybreak Venture 2:00 Closing Early
20 Center Closed 	21 11:30 National Granola Bar Day 12:30 Advisory Council Meeting	22 10:00 Ancestry.com with Scott 10:30 Blood Pressure Check Angels Care Home Health	23 9:30 West Texas Food Bank 12:30 Movie Matinee	24
27	28	29	30 12:30 Ellen Noel Art Museum "Sacred Scripts" Exhibit	31

January Birthdays

Dee Colman	1
Mary Richardson	1
Albert Shellenberger	1
Wanda Howell	3
Aleesha Riley	3
Apolonio Rodriguez	3
Joan Davis	4
Bill Morrow	5
Nancy Barnes	6
Mary McFarlin	6
Leland Williams	6
Tony Villegas	8
Katheryn Wells	8
Rick Cast	9
David Cook	9
Barbara Bonner	10
Leon Street	10
Abbie Garrett	11
Loretta Caswell	14
Bobbie Dumas	15
Mario Lopez	15
Billy Young	17
Evelyn Allen	18
Joe Lopez	18
Carol Babincak	19
Josefina Dominguez	19
Karen Long	19
Mario Martinez	19
Jesus Urquieta	19
Jean Sandoval	20
Solomon Hernandez	21
John Griffin	22
John Bates	23
Bill Wells	23
Creighton Dizol	24
Bea Fenner	24
Mark Horton	24
Joyce Lambert	24
David Harris	25
Jeanie Hunt	25
Virginia Mason	25
Vicky Rodriguez	25
Joann Hensley	27
Gloria Santana	27
Tammie Taylor	27
William (Bill) Harvey	28
Jorge Pando	29
Norma Washington	29
Pedro Alba	31
Robert Bennett	31

Need to Know

☺ January Closings

The MSC will be closing at 2 pm, Tuesday, December 31. We will then be closed on Wednesday, January 1. The Center will also be closing early on Friday, January 17, at 2 pm. We will be closed on Monday, January 20, 2020.

☺ Monthly National “Fun Event” Day

The National “*Fun Event*” Day for January is Tuesday, January 21, **National Granola Bar Day**. In 1863 Dr. James Jackson invented “granula” from graham flour for his spa patients. Dr. John Kellogg used oats in his recipe in 1881 renaming the product “granola.” Stanley Mason is credited with inventing the granola bar. We will be serving this treat at 11:30 am during lunch.

☺ Ellen Noel Art Museum Excursion

On Thursday, January 30, at 12:30 pm we will be traveling to the Ellen Noel Art Museum to see the current exhibit “*Sacred Scripts: 1,000 Years of Religious Texts.*” The exhibition attempts to show why religious texts are considered works of art and their progression over time from handwritten to mass production. Texts from various religions are showcased. Sign-up at the Center if you would like to go.

☺ Ancestry.com with Scott

Starting on Wednesday, January 8, Scott Skidmore will be helping MSC members research their family tree using www.ancestry.com. He will be available twice a month from 10:00 to 11:30 am. You must have an appointment and bring a completed form which is available at the Center. The form requests information concerning you and your parents.



Top row from left to right: 2019 Advisory Council—Bob Telford, 1st Chairman; Jean Sandoval, 2nd Chairman; Hilda Garibay, 1st Vice Chairman; Juanita Arreguin, 2nd Vice Chairman; Margo Kelly, Treasurer; Joann Fleming, Secretary; Bob Bushong, At-Large. Bottom row from left to right: Christmas Dance—Kat Copeland, Dean and Peggy Byrom, Norma Seals, Bob Bennett, Don West, JR Chapman, Shirley Stevenson, and Ella Heath.

Midland Senior Center

3303 W. Illinois, Suite 18
(On the back of Kingsway Mall)

432-681-7636

Monday-Thursday 8 am to 3:30 pm, Friday 8 am to 3 pm Transportation provided by EZ Rider

