

## Upcoming Events

- Feb 3 Crafts with Sherry
- Feb 3 AARP Tax Service
- Feb 4 Healthcare Clinic
- Feb 4 Sketching with Bud
- Feb 5 Hearing Check with Miracle Ear
- Feb 5 Ancestry.com with Scott
- Feb 6 Breakfast Club
- Feb 7 Bingo sponsored by Two Hearts Home Health
- Feb 10 Rockin Chair Rockettes Show
- Feb 10 Gourmet Cooking with Verna
- Feb 11 Advisory Council Meeting
- Feb 12 Ancestry.com with Scott
- Feb 12 Midland County Library Bookmobile
- Feb 13 C&W Dance Lesson
- Feb 14 Valentine's Day Dance
- Feb 18 Foster Grandparents & Guardians Talk and Raffle
- Feb 18 Master Gardeners **Succulent Gardening** Class
- Feb 19 Birthday Celebration
- Feb 19 Computer Aid
- Feb 20 Movie Matinee
- Feb 21 Bingo sponsored by Foster Grandparents & Guardians
- Feb 24 National Tortilla Chip Day
- Feb 25 211 Presentation
- Feb 25 Birthday Party by Home Care Plus
- Feb 26 Ancestry.com with Scott
- Feb 27 West Texas Food Bank



Debi Martin, Betty Russell, Juanita Arreguin, Becky Barker, and Miguel Garcia attend the January dance. The next dance is on Valentine's Day, Friday, February 14.

## This Issue

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## FROM THE DIRECTOR'S DESK *Linda Griffin*



### *Happy Valentine's Day!*

February is packed with activities, so please select those that interest you and come to the MSC for fellowship and fun!

Valentine's Day falls on Friday this year and the Advisory Council is planning a special dance. Frank Sandoval does a wonderful job of playing everyone's favorite C&W tunes. Dressy casual is encouraged, but not required. The cost is \$5 per person. See you there!

Also in celebration of Valentine's Day, Verna James, gourmet chef, is planning a cooking demonstration at 12:30 pm on Monday, Feb 10, making variations with frozen rolls including sticky buns. Her final products are always scrumptious, so you will not want to miss the taste testing.

If you have not been taking advantage of the **Midland County Library's Bookmobile** that comes once a month, you have another opportunity. The bookmobile will be here at 12:00 pm on Wednesday, Feb 12.

In the January newsletter I wrote that Debi Martin was seeking members to go with her to the Jan 28 City Council meeting. Over 30 members attended the meeting in support of Debi speaking about the Sep 24 authorized resolution concerning the development of a master plan for the development of the Midland Senior Center. Those who attended wore a t-shirt with the words "**Senior Lives Matter.**" Members plan on attending future city council meetings, so be on the lookout for postings. The more who participate the stronger the impact.

Several talks are planned this month including the **Senior Life Foster Grandparents/Guardians** program and the **211 Texas**. If you are having a difficult time financially and would like some extra money each month, please come listen to Sabrina and Rodney discuss how to get started being either a guardian or grandparent. Quite often someone will call the MSC wanting info on assistance of some kind. That is what **211 Texas** is about. Look at the calendar for dates.

# February 2020 Menu

Mon	Tue	Wed	Thu	Fri
<b>3</b> Chicken Fried Steak, Gravy Mashed Potatoes, Beets Sliced Tomatoes Banana Pudding	<b>4</b> Sweet & Sour Chicken Steamed Brown Rice Stir Fry Vegetables, Egg Roll Pudding Parfait W/Whipped Topping	<b>5</b> BBQ Beef On WW Bun Pinto Beans, Relish Plate Stewed Tomatoes Orange Whip	<b>6</b> Sliced Baked Ham Black Eyed Peas Seasoned Greens, Biscuit Sliced Peaches	<b>7</b> Fish Fillet, Tartar Sauce Rice Pilaf, Broccoli Hush Puppies Lemon Bar
<b>10</b> Spaghetti W/Meat Sauce Spinach, Beets Tossed Salad, Ranch Dressing Garlic Bread Applesauce	<b>11</b> Hamburger Steak W/Onions & Green Peppers, Steamed Whole Grain Rice Mediterranean Blend Vegetables WW Bread Strawberries & Sliced Bananas	<b>12</b> Baked Chicken Breast Buttered Red Potatoes Baby Carrots, WW Bread Fruited Gelatin W/Marshmallows	<b>13</b> Beef Tamales Fiesta Corn, Pinto Beans Cornbread Tossed Salad, Ranch Dressing Chilled Pear Halves	<b>14</b> Swiss Steak Oven Brown Potatoes Okra, Spinach Salad Strawberry Cake
<b>17</b> Baked Italian Chicken Parslied New Potatoes Mixed Vegetables WW Bread, Ginger Cookies Tapioca Pudding	<b>18</b> Lasagna Capri Blend Vegetables Beets, Garlic WW Bread Brownie	<b>19</b> Fish Sandwich On WW Bun W/Tartar Sauce, Lettuce/Tomato Slice Pork & Beans, Tator Tots Baked Potato Chips Lemon Pudding W/Whipped Topping	<b>20</b> Beef Stew W/Vegetables Cornbread, Beets Peach Crisp W/Whipped Topping	<b>21</b> Chicken Rice Casserole Str Fry Vegetables Egg Roll Tossed Salad, Ranch Dressing Ambrosia
<b>24</b> Meatloaf Oven Brown Potatoes Green Beans, WWRoll Orange Gelatin W/Oranges	<b>25</b> Chicken & Dumplings Buttered Carrots, Spinach WW Bread, Lime Gelatin Pineapple Dessert	<b>26</b> Ham Slice Green Peas W/Pearl Onions Macaroni & Cheese W/Pimentos Strawberry Cake	<b>27</b> Baked Chicken Fried Steak Cream Gravy, Mashed Potatoes Mixed Greens, Cornbread Tropical Fruit	<b>28</b> Chili Dog On WW Bun Pork & Beans Corn W/Red & Green Peppers Onions & Cheese, Relish Orange Slices, Sugar Cookies

MEALS ARE PROVIDED BY SENIOR LIFE MIDLAND.

MEALS ARE SUBJECT TO CHANGE.


BUTTER AND MILK INCLUDED IN EVERY MEAL.

# February 2020 Activities

## Regularly Scheduled Activities

Mon	Tue	Wed	Thu	Fri
8:00 Gym (all day) 8:30 Billiards (all day) 9:00 Puzzles (all day) 9:00 Chair Exercise 9:30 42 (dominoes) 9:30 Line Dance 11:30 Lunch 12:30 Hand & Foot (cards) 1:00 Bridge	8:00 Gym (all day) 8:30 Billiards (all day) 8:30 Ceramics (all day) 9:00 Yoga 9:00 Puzzles (all day) 9:30 42 (dominoes) 9:30 Beginners Line Dance 10:30 Intermediate Line Dance 10:30 Therapy Dogs 11:30 Lunch 12:30 Hand & Foot (cards) 7:00 Line Dancing	8:00 Gym (all day) 8:30 Billiards (all day) 8:30 Ceramics (all day) 9:00 Puzzles (all day) 9:00 Strong Bones 9:30 42 (dominoes) 10:00 Gospel Singing 11:30 Lunch 12:30 Hand & Foot (cards)	8:00 Gym (all day) 8:30 Billiards (all day) 9:00 Yoga 9:00 Puzzles (all day) 9:30 42 (dominoes) 10:00 C&W Music/Dancing 11:30 Lunch 12:30 Hand & Foot (cards)	8:00 Gym (all day) 8:30 Billiards (all day) 9:00 Puzzles (all day) 9:00 Chair Exercise 9:30 42 (dominoes) 10:00 Bingo 10:30 Line Dance 11:30 Lunch 12:00 Newborn Gifts (sewing) 12:00 Hooked on Needlework 12:30 Hand & Foot (cards) 1:00 Bridge

## February 2020 Special Events

Mon	Tue	Wed	Thu	Fri
<b>Sun February 9 2:30 MCT's "The Music Man"</b>				
3 9:00 Crafts with Sherry 9:00 AARP Tax Service	4 9:00 Healthcare Clinic 10:00 Sketching with Bud	5 9:30 Hearing Check with Miracle Ear 10:00 Ancestry.com with Scott	6 8:30 Breakfast Club 9:00 AARP Tax Service	7 10:00 Bingo sponsored by 2 Hearts Home Health
10 9:00 AARP Tax Service 11:00 Rockin Chair Rockettes Line Dancing Performance 12:30 Gourmet Cooking Class	11 11:30 Ceramic Pot Luck 12:30 Advisory Council Meeting	12 10:00 Ancestry.com with Scott 10:30 Blood Pressure Check Angels Care Home Health 12:00 Bookmobile	13 9:00 AARP Tax Service 9:30 C&W Dance Lesson	14 7:00 Valentine's Day Dance 
17 9:00 AARP Tax Service (Tentative) Rockin Chair Rockettes CARES Class	18 11:00 Presentation by Foster Grand- parents/Guardians w Raffle 12:30 Master Gardeners "Succulent Gardening"	19 11:30 Birthday Celebration 12:30 Computer Aid	20 9:00 AARP Tax Service 10:30 Blood Pressure Check NurseEx Home Health Services 12:30 Movie Matinee	21 10:00 Bingo sponsored by Foster Grandparents/ Guardians
24 <b>National Tortilla Chip Day</b> 9:00 AARP Tax Service 10:00 Chair Exercise Bingo 	25 11:00 211 Presentation with Sean Blair 11:30 Birthday Party by Home Care Plus	26 10:00 Ancestry.com with Scott 10:30 Blood Pressure Check Angels Care Home Health	27 9:00 AARP Tax Service 9:30 West Texas Food Bank	28



## February Birthdays

Betty Payne	1
Carol Barrett	2
Raymond Randall	2
Felix Gomez	3
Margo Kelly	3
Buck Main	3
Peggy Martin	4
Robin Senters	4
Linda Agan	6
Rosario Lucio	6
Marylynn Wolf	6
Mary Salinas	7
Erlinda Velez	7
Jennifer White	7
Glena Dolan	8
Sharon K. Gibson	8
Ramon Mejia	8
Georgia Acosta	9
Chloe Goin	9
Gay Nell Hopkins	9
Lorenzo Orosco	9
Mary Ensenat	11
Jim Holman	11
Cheryl Ray	11
Charles Armstrong	12
Mary Hayes	12
Anita Martin	13
Sandra Tidwell	13
Lucille Barker	14
Faustino Arreguin	15
L J Oldham	15
Jackie Tredaway	15
Maria Urquieta	16
Dennis Wehmeyer	17
George Hamilton	19
Lupe Rodriguez	19
Alicia Garcia	20
Theresa Pillay	20
Love Swimming Bear	20
Lois Guthrie	21
Mary Joyce Lynch	21
Walter Roberson	21
Nancy Talamantes	21
Regina Clary	22
Fred Dumas	23
Carolyn Henderson	23
Bob Wallace	26
James Fadal	27
Curtis Gifford	27
Bobby Blair	28
Veda (Pete) Morris	28
Douglas Timinskas	28
Kathleen Ely	29
Bernard Gully	29

## Need to Know

### ☺ AARP Free Income Tax Service

Income tax season has arrived! AARP is offering a free income tax preparation service on Mondays and Thursdays from February 3 through April 13. Please call the office, 432-681-7637, to reserve your appointment. Also, bring the following documents to your appointment: **photo ID for self and spouse, proof of SSN for yourself and dependents, documentation for 2019 income and expenses, copy of your 2018 tax return, and correspondence from the IRS about your 2018 tax return.** Failure to bring the needed documentation could result in a delay having your income tax prepared.

### ☺ Midland Community Theater's First 2020 Production

*The Music Man* is the first show of the season for the Midland Community Theater and we have tickets! This delightful musical resolves around a conman, Harold Hill, who poses as a band leader in order to sell musical instruments to unsuspecting Iowa townfolk. We will be attending the show on Sunday, February 9, at 2:30 pm. Tickets are \$5 and need to be purchased at the MSC by Friday, February 7.

### ☺ Master Gardeners' Succulent Gardening Class

Jerriann Green, Master Gardener, is back to teach another class on Tuesday, February 18, at 12:30 pm. The succulents, potting soil, and planter will be provided. The class is limited to 18 people and costs \$5 per person. Payment must be made at the time of sign-up.



Top row from left to right: Over 30 members of the MSC attended the City Council meeting on Jan 28. Most were wearing a t-shirt with the message **"Senior Lives Matter."** Bottom row from left to right: Debi Martin talks to the City Council about the the resolution passed in September concerning the MSC. Juanita Arreguin, Betty Adams, Debi Martin, Sally Cruz, Nancy Scharf, Marisela Adams, Sylvia Ramos, and Juanita Leon visit the *Sacred Scripts* exhibit at the Ellen Noel Art Museum.

#### Midland Senior Center

3303 W. Illinois, Suite 18  
(On the back of Kingsway Mall)

432-681-7636

Monday-Thursday 8 am to 3:30 pm, Friday 8 am to 3 pm Transportation provided by EZ Rider

