

Upcoming Events

- Nov 1 HEB Feast of Sharing
- Nov 4 Crafts with Sherry
- Nov 5 Healthcare Clinic
- Nov 5 *Crones Don't Whine* Book Discussion
- Nov 6 Medicare Part D Talk
- Nov 7 Breakfast Club
- Nov 7 *Crones Don't Whine* Book Discussion
- Nov 8 Bingo sponsored by Miracle Ear
- Nov 8 Manor Park Craft Show
- Nov 8 Thanksgiving Dance
- Nov 11 Veterans Day Program at Bowie Elementary
- Nov 12 *Crones Don't Whine* Book Discussion
- Nov 12 Advisory Council Meeting
- Nov 13 Midland County Library Bookmobile
- Nov 14 *Crones Don't Whine* Book Discussion
- Nov 15 Bingo sponsored by Daybreak Venture
- Nov 18 Chair Activity Bingo
- Nov 18 Gourmet Cooking with Verna
- Nov 20 Birthday Celebration
- Nov 20 Computer Aid
- Nov 21 Movie Matinee
- Nov 22 Bingo sponsored by Brookdale Senior Living
- Nov 27 Closing Early
- Nov 28, 29 Closed



Charles Waites stands next to his favorite *Quilt of Valor* during the Midland Quilter's Guild Ruby Jubilee at the new Bush Convention Center. Charles is a veteran having served in the Army over 20 years.

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FROM THE DIRECTOR'S DESK *Linda Griffin*



Local elections are on Tuesday, November 5 and I hope you have studied the candidates and decided who is on the side of the seniors in Midland. This is an significant election. Senior issues are important, but often they are overlooked by elected officials. If you watched the *60 Minutes* interview of Joe Biden by Norah O'Donnell Sunday, October 27, you heard him make a true statement about seniors. O'Donnell asked Biden if he is concerned his opponents were winning over the younger voters. Biden responded, "The fact of the matter is that if you take a look at who votes..., overwhelmingly, people over the age of 50 vote...." Biden understands seniors represent the largest voting group. Our local officials would do well to learn that lesson. Make your vote count!

Brune Torres is leading a discussion regarding the book "*Crones Don't Whine: Concentrated Wisdom for Juicy Women*" at 10:15 am on Tuesday and Thursday, Nov. 5 and 7, then Tuesday and Thursday, Nov. 12 and 14. You don't need the book to participate.

Medicare Open Enrollment is in progress, so on Wednesday, November 6, 11:00 am to 1:00 pm, Valerie Loera, Benefits Counselor with the *Area Agency on Aging*, will be at the Center to assist members with reviewing their Medicare Part D plans. If you would like help determining if a change would be beneficial, bring your Medicare card and a list of current prescription medications.

It has been almost a year since the *Advisory Council* was reinstated and officers were elected. November is the month when nominations are accepted for the upcoming year. The *Advisory Council* is important to the Center not only for its fundraising activities that help support the Center, but also for its constant monitoring of programs, events, and concerns. The offices needing to be filled for 2020 are Chairman, Vice-Chairman, Secretary, Treasurer, and At-Large. Each nomination must include the signatures of two members supporting the person being nominated. Members may only endorse one candidate per election. Please see the Director for a nomination form.

November 2019 Menu

Mon	Tue	Wed	Thu	Fri
				1 Patty Melt W/Green Onions Bkd Potato Wedges, Green Beans Lettuce & Tomato Salad Ranch Dressing Fresh Fruit
4 Sloppy Joe On WW Bun Pinto Beans Oven Brown Potatoes Dill Relish, Onion Slice Strawberries & Angel Cake	5 BBQ Chicken Hot Potato Salad California Vegetables WW Bread Mixed Fruit Cup	6 Chopped Steak Broccoli Rice Casserole Buttered Carrots Spinach Salad W/Dried Cranberries WW Bread, Orange Sections	7 Beef Stew W/Vegetables Beets Cornbread Peach Crisp W/Whip Topping	8 Chicken Fajitas Spanish Rice, Pinto Beans Chopped Lettuce/Tomato Picante Sauce, Shredded Cheese Sugar Cookie
11 Oven Chicken Fried Steak Cream Gravy Mashed Potatoes, Peas Sliced Tomatoes Banana Pudding	12 Chicken & Dumplings Buttered Carrots, Spinach WW Bread, Lime Gelatin W/Pineapple Tidbits	13 BBQ Beef On Bun Bkd Potato Wedges Pinto Beans, Relish Plate Orange Whip	14 Sliced Baked Ham Black Eyed Peas Seasoned Greens Biscuit, Sliced Peaches	15 Fish Fillet, Tartar Sauce Rice Pilaf, Broccoli Hush Puppies Lemon Bar
18 Spaghetti W/Meat Sauce Spinach, Beets Tossed Salad, Ranch Dressing Garlic Bread, Applesauce	19 Smothered Hamburger Steak W/ Onions & Green Peppers Steamed Whole Grain Rice Mediterranean Blend Vegetables WW Roll Strawberries & Sliced Bananas	20 Baked Chicken Breast Buttered Red Potatoes Baby Carrots, WW Bread Fruited Gelatin W/Marshmallows	21 Roast Turkey, Cornbread Dressing Giblet Gravy Green Peas, WW Roll Waldorf Salad Pumpkin Pie	22 Beef Tamale Fiesta Corn, Pinto Beans Cornbread Tossed Salad, Ranch Dressing Chilled Pear Halves
25 Baked Italian Chicken Parsled New Potatoes Mixed Vegetables WW Bread Ginger Cookies, Tapioca Pudding	26 Lasagna Capri Blend Vegetables Spinach Garlic WW Bread Brownie	27 FISH SANDWICH ON WW BUN PORK & BEANS, TATOR TOTS TARTAR SAUCE LETTUCE/TOMATO SLICE BAKED POTATO CHIPS LEMON PUDDING W/WHIPPED TOPPING	28 Center Closed 	29 Center Closed 

MEALS ARE PROVIDED BY SENIOR LINK MIDLAND.

MEALS ARE SUBJECT TO CHANGE.



BUTTER AND MILK INCLUDED IN EVERY MEAL.

November 2019 Activities

Regularly Scheduled Activities

Mon	Tue	Wed	Thu	Fri
8:00 Gym (all day) 8:30 Billiards (all day) 9:00 Puzzles (all day) 9:00 Chair Exercise 9:30 42 (dominoes) 9:30 Line Dance 11:30 Lunch 12:30 Hand & Foot (cards) 1:00 Bridge	8:00 Gym (all day) 8:30 Billiards (all day) 8:30 Ceramics (all day) 8:45 Yoga 9:00 Puzzles (all day) 9:30 42 (dominoes) 9:30 Beginners Line Dance 10:00 Prayer Gathering 10:30 Intermediate Line Dance 10:30 Therapy Dogs 11:30 Lunch 12:30 Hand & Foot (cards) 7:00 Line Dancing	8:00 Gym (all day) 8:30 Billiards (all day) 8:30 Ceramics (all day) 9:00 Puzzles (all day) 9:00 Chair Exercise 9:30 42 (dominoes) 10:00 Gospel Singing 11:30 Lunch 12:30 Hand & Foot (cards)	8:00 Gym (all day) 8:30 Billiards (all day) 8:45 Yoga 9:00 Puzzles (all day) 9:30 42 (dominoes) 10:00 C&W Music/Dancing 11:30 Lunch 12:30 Hand & Foot (cards)	8:00 Gym (all day) 8:30 Billiards (all day) 9:00 Puzzles (all day) 9:00 Chair Exercise 9:30 42 (dominoes) 10:00 Bingo 10:30 Line Dance 11:30 Lunch 12:00 Newborn Gifts (sewing) 12:00 Hooked on Needlework 12:30 Hand & Foot (cards) 1:00 Bridge

November 2019 Special Events

Mon	Tue	Wed	Thu	Fri
Sat Nov 23 9:00–1:00 Garage and Bake Sale				1 4:00 HEB Feast of Sharing
4 9:00 Crafts with Sherry	5 9:00 Healthcare Clinic 10:15 “Crones Don’t Whine” Book Discussion with Brune	6 9:30 Hearing Aid Check Miracle Ear 11:00 Medicare Part D Talk with Area Agency on Aging	7 8:30 Breakfast Club 10:15 “Crones Don’t Whine” Book Discussion with Brune	8 10:00 Bingo sponsored by Miracle Ear 12:30 Manor Park Craft Show 7:00 Thanksgiving Dance
11 10:00 Veterans Day Pro-gram excursion to Bowie Elementary	12 10:15 “Crones Don’t Whine” Book Discussion with Brune 11:30 Ceramic Pot Luck 12:30 Advisory Council Meeting	13 10:30 Blood Pressure Check Angels Care Home Health 12:00 Bookmobile	14 9:30 Country Dance Lessons 10:15 “Crones Don’t Whine” Book Discussion with Brune 11:30 Pickle Day	15 10:00 Bingo sponsored by Daybreak Venture
18 10:00 Chair Activity Bingo with Sirena and Zach 12:30 Cooking with Verna	19	20 11:30 Birthday Celebration 12:30 Computer Aid	21 10:30 Blood Pressure Check NurseX Home Health Services 12:30 Movie Matinee	22 10:00 Bingo Sponsored by Brookdale Senior Living
25 10:00 West Texas Food Bank Senior Pantry	26	27 10:30 Blood Pressure Check Angels Care Home Health 2:00 Closing early	28 Center Closed 	29 Center Closed 

November Birthdays

Patricia Bryan	1
Allen Humphreys	1
Maria Rios	1
Karen Sandico	1
Lilia Martinez	2
John Parker	3
Elizabeth Curtis	4
Peggy Hartsell	4
Earl Caraway	5
Butch Pirtle	5
Madora Watley	5
Roberta Poynter	7
Charles Waites	7
Gregory Keys	8
Ken Bryson	9
Willie Sullivan	9
Valencia Holub	10
Bobbie Roberts	10
Travis Sadler	11
Lady Snitker	11
Edith McLemore	12
Robert Rives	14
Arcelia Baeza	15
Rebecca Barker	15
Suzanne Bechyne	16
Joel Ramos	16
Kathy Hulsey	17
Carolyn Kirk	17
Faye Russell	17
Judy Holt	19
Mary E. Tipps	19
Ysavel Chavez	20
Steve Drummond	20
Glenn Hawley	20
Ramon Jimenez	21
Suzanna Reker	21
Scott Adams	22
Linda Griffin	22
Sylvia Ramos	22
Teri Dietderich	24
Edna Sitz	24
Gracie Gilbert	25
Arthur Bennett	26
William Blackwell	26
Grace Aguilar	27
Joan Burris	27
Jerry Cockerham	27
Stella Eaton	27
Yolanda Villa	27
Lonnie Yee	27
Maria Mejia	28
Mary Freeman	29
Ron Harris	29
Verna James	29
Marolyn Johnson	29
Pat Stailey	29
Glenn Leroy	30
Lorna Leroy	30
Jerry Penick	30
Lavonn Thomas	30

Need to Know

☺ Midland Senior Center Closing Early

Beginning on Friday, November 1, the Midland Senior Center will be closing at 3:00 pm. This new closing time only applies to Fridays. Monday through Thursday the closing time is the same—3:30 pm.

☺ Manor Park Craft Show

On Friday, November 8 at 12:30 pm, we will be attending the Manor Park Craft Show. Sherry Marshall, ceramics teacher, as well as several other MSC members, are selling their handiwork. Sherry has been the ceramics teacher at the MSC for many years. We want you to go with us! Please sign up at the Center if you need transportation.

☺ Veteran's Day Program at Bowie Fine Arts Academy

On Monday, November 11, we will be traveling to Bowie Elementary (located on A Street close to the Duck Pond) for the students' Verteran's Day program. The show starts at 10:00 am, so we will leave the Center at 9:30 am. If you would like to ride in the van, please sign up at the Center. The students are expecting us, so let's support their effort to honor our veterans.

☺ Midland Senior Center Garage Sale Date Changed

The MSC moved the date for its member garage and community bake sale to Saturday, November 23, from 9:00 am to 1:00 pm due to the 75% off Texas Size Garage Sale being held on November 2. There is no charge for bringing your items to sell, but it is requested you make a donation to the Advisory Council at the end of the sale. Baked goods are also requested to sell to the public that morning. Arrangements for space must be made in advance. Margo Kelly, Advisor Council Treasurer, is coordinating table assignments. Members can share a table.



Top row from left to right: Lucy Geib, Lucy Melgoza, Linda Cerasuolo and Margo Kelly follow an exercise routine led by Zach Cavazos with Mission Fitness. Bea Fenner applies make-up to Wanda Howell. Bottom row from left to right: Debi Martin, Ramon Mejia, Jean and Frank Sandoval, and Betty Russell dress up for the Halloween Dance. Barbara Campbell visits with Diva the Therapy Dog.

Midland Senior Center

3303 W. Illinois, Suite 18
(On the back of Kingsway Mall)

432-681-7636

Monday-Thursday 8 am to 3:30 pm, Friday 8 am to 3 pm Transportation provided by EZ Rider

